Search Institute: Developmental Relationship Framework*

In these challenging times of social distance and self-isolation to avoid the spread of infection from the Novel Coronavirus (COVID 19), we know that relationships are key to growth and development, and we continue to encourage the bonds of social interaction, albeit in a new and digital way.

As we navigate through these challenging times, we continue to lean into our Theory of Change and harness the insights of The Search Institute's Developmental Relationship Framework.

Elements of a Developmental Relationship

Express Care – *Show me that I matter to you*
>   Be dependable
>   Listen
>   Believe in me
>   Be warm
>   Encourage

Challenge Growth – *Push me to keep getting better*
>   Expect my best
>   Stretch
>   Hold me accountable
>   Reflect on failures

Provide Support – *Help me complete tasks and achieve goals*
>   Navigate
>   Empower
>   Advocate
>   Set boundaries

Share Power – *Treat me with respect and give me a say*
>   Respect me
>   Include me
>   Collaborate
>   Let me lead

Expand Possibilities – *Connect me with people and places that broaden my world*
>   Inspire
>   Broaden horizons
>   Connect

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Weekly Activities: 3 Tier Response to Physical Distancing

Social Emotional Competence

Mentors are being empowered to connect virtually across a variety of available platforms to maintain the bond and connection with Mentees.

Virtual Disney – Disneyland and Disney World may be closed, but that does not mean you cannot take your Mentee on a virtual journey to experience the most magical place in the world! Take a trip on some of the most iconic rides Disney has to offer.

Protecting Youth Mental Health and Community Wellness

Service Delivery staff are deepening coaching and support for Mentees and Mentors to navigate this stressful time of social isolation and the new virtual landscape.

Social Distancing – Help your Mentee understand how social distancing is affecting everyone, including **you**. Explain to your Mentee how you are doing your part to social distance. If you are lending a hand during this time to others in need make sure to take the time to share this experience with your Mentee.

Supporting Distance Learning and Educational Engagement

Mentors and Service Delivery staff are striving to engage and create activities that provide cognitive stimulation and reinforce school habits, curiosity, and future planning during school closures.

Learn to Code – Hosted by Code Club Canada and Kids Code Jeunesse (KCJ), virtual Code Clubs are offered several times each week and cover different coding platforms like Scratch, micro:bit, and Python. **Check out the weekly sessions here:** https://codeclub.ca/virtual-club.html

Big Brothers Big Sisters